

Dive Log

United Divers of Central Massachusetts



Activities

- April 16: Heather Knowles
- May 21: Club Meeting Presentation TBD
- June 18: Jason Feich
- June 20: Sat. Scallop Dive?
- July 12: Chicks Day Stage Fort Park
- July 16: Club Meeting Presentation REEF?
- July 18: Fish Count
- Aug. 15: Lobster Fest
- Aug. 20: Club Meeting Presentation TBD
- Sept. 17: Club Meeting Presentation Scuba Bingo
- Sept. 27: Bay State Council of Divers 30th Annual Treasure Hunt
- Oct. 15: Club Meeting Presentation TBD
- Oct. 25: Pumpkin Carving
- Nov. 19: Club Meeting Presentation TBD

This Month: Shipwrecks of Stellwagen Bank

This month, **Heather Knowles** will be speaking about shipwrecks and Stellwagen Bank. Stellwagen National Marine Sanctuary sits at the mouth of Massachusetts Bay and is home to diverse and abundant marine life and shipwrecks with stories to tell. This fascinating area is largely unexplored by divers even though it is no more than 25 miles from Boston. This presentation will describe several shipwrecks in Stellwagen Bank National Marine Sanctuary. Join us as we

take a tour in Stellwagen and learn more about the Unidentified Trawler, the Patriot, North Star, Heroic, and Paul Palmer, as well as a few of the deeper wrecks being explored.

Heather Knowles and David Caldwell are the co-founders of Northern Atlantic Dive Expeditions, Inc. They operate their charter boat, GAUNTLET, year-round focusing on shipwreck diving and exploration. Both are members of the Ex-

plorer's Club and have had the privilege of exploring some of the world's notable shipwrecks such as the Andrea Doria, Empress of Ireland, North American, and SS Republic in addition to making shipwreck discoveries in their local waters. David is a NAUI Technical Course Director. Heather is a technical diving instructor through NAUI and TDI, and is the diving representative on the Stellwagen Bank National Marine Sanctuary Advisory Council.

Diving Almanac and Book of Records

My name is Jeffrey Gallant and I am the editor of The Diving Almanac & Book of Records, a free publication that showcases hundreds of underwater records and famous diver profiles, and 6,000 years of diving history. This book is now available as a free download for your PC, tablet or smart phone on our website: www.divingalmanac.com

The book is updated every two months and you can subscribe to our newsletter or 'like' our Facebook page to be notified of new editions.

Thank you for your time and consideration,

- Jeffrey



Looks like Spring!

President's Message

Hello UDCM Members,

Yes, its warming up, and we will soon be able to start diving – at least for those that have been hibernating this winter. (like me)

This month I have a few pieces of information to share with you. So, let me get right to them...

First – be sure to complete your membership renewal at this meeting. Andy's has offered a 3 tank fill card for each membership that is completed by this meeting. At the end of the meeting, I will be providing Andy's with a list of memberships that qualify, and will probably have the cards to pass out at the May meeting. This helps offset the cost of membership, so don't miss

out. Thank you Andy's!!!

Second – We will be having a pool night at the Fitchburg Y on Friday, April 17, 6:30 – 8:00 PM. More information is contained in the newsletter and I have sent emails about this. (if you did not receive the emails, let me know) I hope you are able to make this activity for a fun, low pressure time. The club is paying the Y for the pool time, so there is no cost to club members. After the pool fun, several people are going to a Chinese restaurant for drinks and food. Read the detailed information in the newsletter, and if you have any questions, let me know.

Third – There is a "Book of Records and Diving Almanac" that is available to you. This publication used

to be "in paper" and had a cost. This year, you can download it to your computer. And the best part – its free. I took a look at it, and it has a lot of interesting information. It has a "who's who" section. You will recognize several of the people listed there, but alas, I did not see any club members. The link is: www.divingalmanac.com

Fourth – We (the club) have been asked to respond to a "SCUBA characterization study". There is an article in the newsletter with the initial request memo and the associated links. If you are interested in participating, the links are there.

See you at the meeting,

Ken

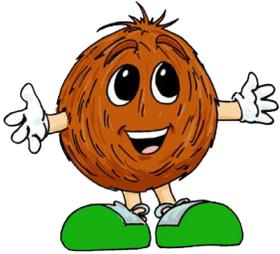
"We will be having a pool night at the Fitchburg Y on Friday, April 17, 6:30 – 8:00 PM."



Pool party at the Y!

Pool Night

Club members are invited to participate in Pool Night at the Fitchburg Y (Montachusett YMCA), Friday, April 17, 6:30 – 8:00 PM. We have an hour and a half of pool time, so try to arrive as close to 6:30 as possible to get your max pool time. But not before 6:15. The easiest way to get to the pool is by using the "back door". To get to the back door, drive up the road (Wallace Ave.) past the front of the Y. At the end of the road, take a right, and then another right down Hartwell St. Parking is available along Hartwell St. There are parking meters, but you should not have to pay them since it is after 6:00. The back doors have no handles, so we will be watching and letting you in. You can also go in the front door, but you have to carry your gear a lot further. We will have a few "challenges" you can try, or just enjoy the pool at your own pace. After the fun in the pool, several people are going to the Asian Imperial for drinks and food. The restaurant is across the street from Walmart at the intersection of Rt. 2A and Rt. 13. Everyone is invited. Even if you don't want to get wet, come and cheer on the participants of the challenges. (or heckle them) The club is paying for the Y, and we will not be charging club members.



Utila Coconut Squares

From Karen Ferrante

When we went to Utila, they made us some terrific coconut squares. I got the recipe, here it is:

Utila Coconut Squares

Ingredients

4 Coconuts (preferably young/soft) - grated

1 1/2 cups sugar

1 Tbs Vanilla

1 Tsp Cinnamon

1 can evaporated milk

1/2 can condensed milk

1 cup of the coconut water

In a pan, add the grated coconut and the rest of the ingredients. Let cook and stir constantly for about 3-4 hours on a medium to high heat

To know if its ready, spoon a bit on a damp board, press a bit, if it stays together it's ready

Make sure the board is damp when rolling it out so that it won't stick.

Cut into squares and enjoy!



Find us on [Facebook](#).

Search for "United Divers of Central Massachusetts"

WE'RE ON THE WEB!

WWW.UNITEDDIVERS.ORG

We at United Divers strive to promote the sport of scuba diving in a positive way. We are committed to educating our membership through the use of guest speakers, dive instructors, and club members. At each of our monthly meeting we have a special feature that we hope is interesting and entertaining.

For the newer divers, we offer both shore dives and boat dives. On these dives we have experienced divers act as their dive guide. Diving with experienced divers is a great way for a newer diver to "learn the ropes" without going through the frustration of learning the hard way.

For experienced divers looking for more than the typical shore or boat dive, the club organizes more challenging dives. We work on ideas that challenge the skills of the experienced diver and provide them with an enjoyable experience.

Non-members are always welcome to attend our monthly meetings and activities. Meetings are held once a month, on the third Thursday of each month.

Please feel free to stop in to a meeting, or if you would like membership information, please contact our [Membership Coordinator](#).

Next Meeting

Monthly Meetings: 6:30 pm on the 3rd Thursday of each month at SLATTERY'S, 106 Lunenburg Street, Fitchburg

April Speaker:

Heather Knowles

See you on April 16!!!



For suggestions and/or contributions to the newsletter, Please contact Liz Blair at riccillily@gmail.com